



COUNT ME IN

# Team Talk



Driving **inclusivity** at Mitie

# Team Talk

Have you and your team completed the Count Me In 'Super Powers' online exercise? ([click here](#) if you haven't). Once you have, we're counting on you to take the conversation further.

Next time you have a team meeting with your team members, try the following fun exercise. This will help you recognise each others strengths, understand some strengths you all did not know you had and generally get to know each other even better! Inclusivity is having a culture where people, whoever they are, feel included. Being part of a team that allows them to feel valued for who they are. We are encouraging the teams to ask questions, show interest, and show support for people's personal superpowers!

- 1** **FORMAT:** Can be run face-to-face or in an on-line meeting  
**DURATION:** 15 minutes  
**WHAT YOU WILL NEED:** Post-it notes and pens, or if running virtually the 'chat function'.  
**PURPOSE:** To get to know each other better and build on our existing strengths.
- 2** Start off the exercise with everyone in the group each sharing one everyday superpower that they have. Perhaps you make the best cup of tea, can find your kids shoes in under a minute or you smile at dogs you walk past in the street! Let us know how you came to have it and when it comes into best use?
- 3** Using a post-it note or the chat function, write down each person's name and one other different strength you see in them. These are your hidden super powers!
- 4** Each person shares their hidden super powers with the group. Ask them if anything has surprised them and what they might do more of in the future, to help use those powers for good?
- 5** **Dare to share** - Let us know some of the great hidden superpowers you have discovered about your team (no matter how big or small!) Even better send a picture of your team in action too. Email [Mitie@t-three.co.uk](mailto:Mitie@t-three.co.uk)

